

WELLINGTON[®]

Orthopaedic & Sports Medicine

<http://www.wellingtonortho.com>

KNEE

As part of Wellington Orthopaedic and Sports Medicine's continuing commitment to excellence in patient care, we would appreciate it if you could complete this form and bring it to your office visit that you have scheduled with Dr. Heidt, Jr. In doing so you will help us to insure the high quality services that we have to offer. Please check the box next to the best answer for every question. Thank you for your cooperation.

Name _____

Date _____

DOB _____

Knee R L

1) Limp:

- None
- Slight or periodical
- Severe or constant

5) Pain:

- None
- Inconstant and slight during severe exertion
- Marked during severe exertion
- Marked on or after walking more than 1/2 mile
- Marked on or after walking less than 1/2 mile
- Constant

2) Support:

- None
- Stick or crutch
- Weight-bearing impossible

6) Swelling:

- None
- On severe exertion
- On ordinary exertion
- Constant

3) Locking:

- No locking or catching sensations
- Catching sensation but no locking
- Occasional locking
- Frequent locking

7) Stair-climbing:

- No problems
- Slightly impaired
- One step at a time
- Impossible

4) Instability:

- Never giving way
- Rarely giving way during athletics or severe exertion
- Frequently giving way during athletics
- or exertion/unable to participate
- Occasionally during daily activities
- Often in daily activities
- Every step

8) Squatting:

- No problems
- Slightly impaired
- Not beyond 90°
- Impossible

Knee Questionnaire

Would you be willing to come in for a brief, no-charge follow-up exam with our physician?

- Yes No

Please mark your current level of activity: Mark only one box.

- Competetitive sports (international/national soccer)
- Competitive sports (lower division soccer, ice hockey, wrestling, gymnastics)
- Competitive sports (bandy, squash, badminton, athletics [jumping], downhill skiing)
- Competitive sports (tennis, athletics [running], motorcross, handball, basketball, cross-country track)
- Recreational sports (soccer, bandy, ice hockey, squash, athletics [jumping], cross-country track)
- Recreational sports (tennis, badminton, handball, basketball, downhill skiing, running 5x per week)
- Work - Heavy labor (building, forestry, etc.)
- Competitive sports (cycling, cross-country skiing)
- Recreational sports (jogging on uneven ground at least twice per week)
- Work - Moderately heavy labor (truck driving, heavy domestic work, etc.)
- Recreational sports (cycling, cross-country skiing, jogging on even ground at least twice per week)
- Work - Light labor (e.g., nursing)
- Competitive and Recreational swimming
- Walking in forest possible
- Work - Light labor
- Walking on uneven ground possible, but unable to walk in forest
- Work - Sedentary work
- Walking on even ground possible
- Sick leave or diability pension because of knee problems