

Performing Arts Education for Athletic Trainers

Saturday, April 21, 2012

Barrington Orthopedic Specialists

929 W Higgins Rd

Schaumburg, IL

INSTRUCTORS

JACQUI G HAAS, ATC

Jacqui is the Director of Pilates and Dance Medicine for Wellington Orthopaedic & Sports Medicine and a former professional dancer. She has a BA in Dance from the University of South Florida and her Athletic Training degree from the University of Cincinnati. She is also the Director of Dance Medicine Academic Seminars and has spoken throughout the United States on numerous dance topics. Most recently, she has published a book, "Dance Anatomy." She has been a performing arts athletic training resource for the Greater Cincinnati Area since 1989.

KELLY JO TRIMBLE, MS, ATC

Kelly Jo graduated with a Bachelor's in Athletic Training from Eastern Kentucky University and a Master's in Kinesiology from Indiana University. With seven years of dance experience, her previous athletic training experience includes Indiana University Ballet Theatre, Blast! Japan Tour, Lord of the Dance North American Tour, and now Cincinnati Ballet. Her Master's thesis researched 'Postural Sway in Ballet Dancers with Different Levels of Turnout.'

WELLINGTON®
Pilates & Dance Medicine



Dance Medicine
Academic Seminars



COURSE OBJECTIVES

- Understand the basics of Ballet anatomy and kinesiology to assist you in treatment of injuries
- Identify unique dance specific injuries that may not be seen in a typical athletic training setting
- Discuss what is important to the dancer patient
- Discover functional rehabilitation techniques used through Pilates
- Learn how to design a successful performing arts medicine program for your company

7.0 CEU's

Cost of course \$189.

**Includes:
Course CD
'Dance Anatomy' by Jacqui G. Haas
Lunch**

HOTEL INFORMATION

Holiday Inn Express
1550 North Roselle Rd
Schaumburg, IL 60195
(800) 315-2621

Country Inn & Suites
1401 North Roselle Rd
Schaumburg, IL 60195
(800) 830-5222

WELLINGTON IS NOT RESPONSIBLE FOR TRAVEL OR ACCOMODATIONS. Questions: 513 381 4901

Cancellation and Refund Policy Wellington Pilates and Dance Medicine reserves the right to cancel or delay the course due to any unforeseen circumstances. In the event that this course would be cancelled, we will refund your registration fee. We are not responsible for travel or Hotel cost incurred. There will be a \$50 charge for registrants cancelling after Friday, April 13th. Deadline for registration is Monday, April 9, 2012.

SCHEDULE

8:45 - 9:00	Registration Receive Course CD and 'Dance Anatomy' by Jacqui G. Haas (included in cost)
9:00 - 10:00	Ballet Anatomy In-depth movement analysis of ballet technique
10:00 - 11:15	Dance Injuries Ballet specific injuries and unique treatment interventions.
11:15 - 11:30	Break
11:30 - 12:30	Lunch (provided) Roundtable Discussion: What is really important to a dancer?
12:30 - 3:30	Pilates as an Adjunct to Performing Arts Medicine Low impact, gentle resistance exercise with advanced tactile cueing for improving function
(Break from 2:00 - 2:15)	
3:30 - 4:30	Starting, Maintaining, and Growing a Performing Arts Medicine Career Use your athletic training room to provide quality care and make it profitable
4:30	Course Evaluation

Performing Arts Education for Athletic Trainers

Registration Form

NAME: _____

ATC PT PTA MD STUDENT

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

E-MAIL: _____ PHONE: _____

PAYMENT OPTIONS

CREDIT CARD

VISA MASTERCARD

CREDIT CARD NUMBER: _____

NAME ON CARD: _____

SECURITY CODE: _____ EXPIRATION DATE: _____

SIGNATURE: _____

CHECK

PLEASE MAKE CHECKS PAYABLE TO: Robert S. Heidt Sr. Foundation

PLEASE COMPLETE AND MAIL BACK TO:

WELLINGTON PILATES & DANCE MEDICINE

1555 CENTRAL PARKWAY

CINCINNATI, OH 45214

Call 513 381 4901 for questions or concerns

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